



WEEKLY E-BLAST

January 19, 2024

Please note an important change to dropping off items for your child:

After being buzzed in, do not bring item(s) to the window.

As soon as you come in, to the left, there are designated shelves by grade level.

Please ensure the item(s) are labeled clearly with

1. Student's first name
2. Homeroom teacher.

Office staff will make sure your child receives the item.

Thank you for your cooperation.

Winter Gear for Students

If your child owns a jacket and other winter gear, it is important that he/she bring it all to school each day. As long as it is safe to be outside, all students will be sent out for recess. Please be sure your child comes prepared each day. If your child does not own winter gear, please reach out as we will help him/her get winter gear.

Leader in Me Connection

At MG, students show leadership by taking an active role in our classrooms and school. Here are some ways you can incorporate leadership roles at home!

English Version:

<https://www.leaderinme.com/resources/leadership-roles?language=en>

Spanish Version:

<https://www.leaderinme.com/resources/leadership-roles?language=es>

Social Emotional Support

Do you have a kiddo who cannot get out of bed in the morning? Or a child who is crabby or distracted while getting ready for school in the morning? It is possible that they are not getting

enough sleep. Good sleep is especially important for a student's emotional health. It also heavily impacts their ability to pay attention during school. It is hard to do our best and stay calm when we are overtired. Children aged 6 through 12 years old need 9 to 12 hours of sleep each night. The Centers for Disease Control and Prevention (CDC) provides helpful recommendations for getting better sleep. Since we are just returning from winter break, everyone is trying to get back into the swing of things at home and school. There is more unplanned time during winter break when students might access electronic devices more than usual. A consistent sleep routine and limiting electronics are two of the important factors highlighted by the CDC. To find out more and to review other tips on the keys to better sleep, check out this CDC link:

<https://www.cdc.gov/chronicdisease/resources/infographic/children-sleep.htm>

We need help in our Discovery Den

Do you have an hour or two to help out in the Discovery Den? We have a large order of books that need labels added before they go on the shelves. Any time you can volunteer will be appreciated. If interested, please email Mrs. Washburn at rwashburn@d75.org

Saturday STEAMers

Looking for something to do this winter? The D75 STEAM Foundation is proud to offer Saturday STEAMers! A program that engages students in hands-on learning designed to help them acquire and practice new concepts in different ways. Our courses focus on Math, Science, Technology, Fine & Applied Arts, and life skills. Be sure to check out the [2024 Saturday STEAMers Brochure](#). Our program is open to all K-8 students in Lake County and the surrounding areas. We do have some scholarship money for any D75 students/families that may need assistance. Please note that although the program is open to all students in the area, we can only award scholarship money to registered D75 students currently enrolled. Questions - contact Audrey Dzhurov at adzurov@d75.org. We look forward to having you!

Important Dates

1/23- 5th Grade Music Concert (6:30pm at CSMS)
1/23- School Board Meeting (6:30pm at Studio 75)
2/7- Parent Teacher Conferences (invite only) 5:00-8:00pm
2/15- Early Release (students dismissed at 11:05am)
2/16- NO SCHOOL
2/19- NO SCHOOL
2/21- PTO Meeting (7:00pm at CSMS)
2/27- School Board Meeting (6:30pm at Studio 75)
2/28- 4th Grade Music Concerts at MG (details to come)
3/1- Report Cards come home

Follow Us....

1. Follow us on our facebook page: Mechanics Grove School
2. Twitter handle @mg75wolves
3. Follow us on our instagram page: mechanicsgroveschool
4. Follow us on Tik Tok @ [principal.be](#).kind

4.8 MB

2022-2023 End of Year Report.pdf

[Download](#)

2.7 MB

and activities free for families to support what their child is doing with Bridges math in the class-room. You can use the [link](#) to find information, supports



January Math Newsletter

The Math Learning Center has a number of resources and activities free for families to support what their child is doing with Bridges math in the class-room. You can use the [link](#) to find information, supports, games, and web-based manipulatives (hand ons math tools) at your child's grade level.

docs.google.com

MUNDELEIN ELEMENTARY SCHOOL DISTRICT

JOIN US FOR A PARENT EDUCATION NIGHT

STRESS & THE BRAIN:

HOW TO HELP YOUR STUDENT MANAGE THEIR POWERFUL FEELINGS

presented by SEL Integrations co-founders

Lindsay Knoblauch and Kelly Maher

Tuesday, January 23rd at Carl Sandburg Middle School

7:45-8:45pm
(Following 5th grade music concert)



 **MUNDELEIN ELEMENTARY**
SCHOOL DISTRICT 

ÚNASE A NOSOTROS PARA UNA
NOCHE DE EDUCACIÓN PARA
PADRES

**EL ESTRÉS Y EL
CEREBRO:**

CÓMO AYUDAR A SU
ESTUDIANTE A MANEJAR
SUS PODEROSOS
SENTIMIENTOS

*Presentado por los cofundadores
de SEL Integrations*

Lindsay Knoblauch and
Kelly Maher

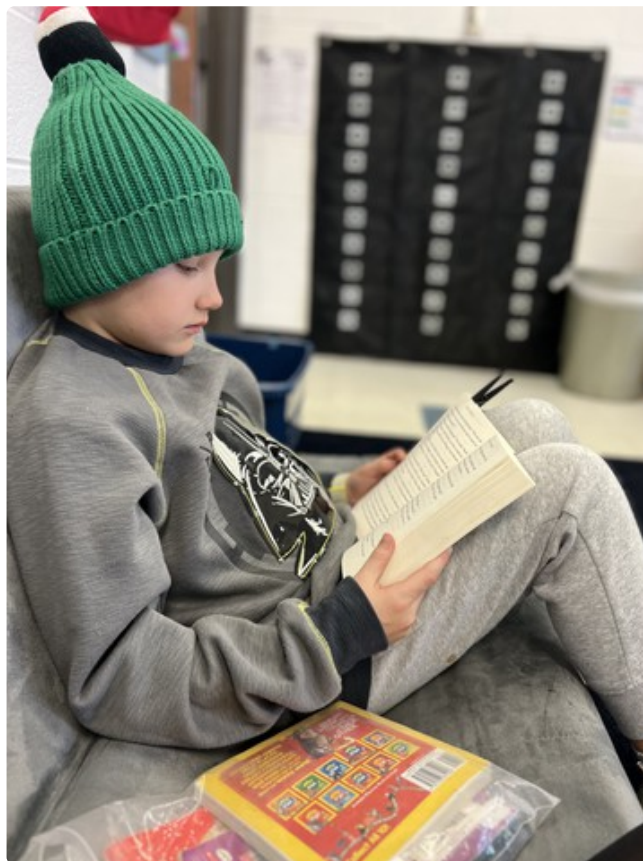
Martes 23 de enero a las
Escuela secundaria Carl Sandburg

7:45-8:45pm

(Después del concierto
de música de quinto grado)



E-learning at it's best. Great job MG students and staff!



Warming up to a good book!

Lunch Menus

MG Calendar of Events

Principal Mrs. Fergus

Contact Information- tfergus@d75.org